

Carmel Dad's Club - Baseball Equipment List

Equipment	Required	Preferred	Restriction
Batting Helmet	*Provided by Carmel Dads' Club		
Pants	Athletic Pants, Running pants NO Jeans.	Baseball Pants	Color: White or Gray is permitted
Protective Cup	All Ages		
Baseball Glove	All Ages		Only the 1 st baseman is permitted to use an oversize “first baseman glove.”
Shoes	Athletic Shoes	Baseball Cleats	NO Metal Cleats except for 7th-12th Grade.
Catcher's Gear	*Provided by Carmel Dads' Club		
Baseball Bat (Required)	Grade	Barrel	Length / Weight / Drop
	1st - 4th	Maximum barrel size is 2¼ in diameter.	No restrictions
	5th - 6th	Maximum barrel size is 2¾ in diameter	Drop -8.5 is the maximum length to weight ratio permitted.
	7th - 8th	Maximum barrel size is 2¾ in diameter	Only metal bats with a maximum -3 length to weight ratio (drop) are permitted. All wood bats are acceptable.
	9th - 12th	Maximum barrel size is 2¾ in diameter	Only metal bats with a maximum -3 length to weight ratio (drop) are permitted. All wood bats are acceptable.
	Calculating Drop - The drop is defined as the length of the bat in inches less the weight of the bat in ounces. Therefore a 28 inch bat that weighs 20 ounces is a drop 8. If -8.5 is the maximum drop allowed: drop 7 is legal, drop 10 is not.		
* Carmel Dads' Club provides batting helmets and catcher's gear for use during practices and games. They are the property of the Carmel Dads' Club.			